

HERE AND NOW

Brighter Year Ahead



The year 2022 is here. Looking back at the challenges we overcame during the last two years, we can hope for a brighter new year. Now, we are more equipped with knowledge and skills to navigate through the pandemic. At PBC, we welcome the new year in our new place with a few other changes. We have a new resident monk, Bhante Kamalāsiri, who will assist us with our programs for adults and children. We have a new logo. We are thankful to Terese Jungle and her students for providing us professional design services. We have a new telephone number, 724 939 3911.

In this year, you can attend our regular programs and special events both in person and also via our zoom link and YouTube channel. We will continue our Sunday online children's meditation, which has becoming popular among children living across the country. We will also start a book reading session at the center every last Saturday of the month.

EVENTS

January

1/1 - 3:30 - 4:30 pm New Year Blessing Service



1/2 - 2:00 - 3:00 pm Buddhism Class for Kids

1/22 - 10:00 am - 4:00 pm Monthly Program, Cleveland Vihara

February

2/6 - 2:00 - 3:00 pm Buddhism Class for Kids



2/13 - 11:00 am - 3:30 pm Monthly Gathering

2/26 - 10:00 am - 4:00 pm Monthly Program, Cleveland Vihara

March

3/6 - 2:00 - 3:00 pm Buddhism Class for Kids



3/13 - 11:00 am - 3:30 pm Monthly Gathering

3/26 - 10:00 am - 4:00 pm Monthly Program, Cleveland Vihara

Zoom Meeting IDs:

Buddhism Class for Kids, 998 5741 5573

Monthly Gathering, 962 4196 4545

WEEKLY SCHEDULE

In-Person & YouTube Live Schedule:

Tues: 6 - 7 pm: Guided Meditation, Oakmont Library

Wed: 7 - 9 pm: Chanting, Meditation & Discussion at PBC

Streaming: <https://www.youtube.com/pbclive> ;

Recorded: <https://www.youtube.com/user/PittsburghBuddhist>

Zoom Schedule:

Sun: Meditation Class for Children, 7 - 8 pm

Zoon Meeting ID: 926 6433 5273

Please sign-up in advance for events via our website, as we need to organize food and attendance.

For directions, event and participation detail, please visit: Pittsburghbuddhistcenter.org

Bhante's Corner – Inner Growth

There is a saying, “Change is inevitable. Growth is optional.” We are reminded of the fast moving nature of life when we welcome a new year. Our goal in life should be to channel this change into a growth in our understanding and wholesome qualities. When life is moving so fast, we are left with the conditionings and training we receive along the way. The Buddha repeatedly advised us to be heedful. Heedfulness (appamada) means to live consciously with an orientation and commitment to spiritual growth. A new year is an opportunity for us to reorient and recommit to our practice of the spiritual path.

Let us start everyday with a reminder of the ultimate goal in our life. Make sure to have a few minutes in your morning routine to go in front of the Buddha statues and recite your wish for yourself and others. Our 2022 calendar has appropriate recitations. Then whatever interactions and tasks we have in the day can become opportunities to improve our understanding, patience, generosity, compassion and equanimity. We will benefit so many beings each day while creating inner growth. Let us make this year, a year of growth.



*Christmas Gathering at
PBC 2021*



Precept Ceremony for Nancy Mudita Sargent



Thanksgiving Gathering at PBC 2021

PITTSBURGH BUDDHIST
CENTER

58 Qsi Lane

Allison Park PA 15101

724-939-3911

Pittsburghbuddhistcenter.org