

HERE AND NOW

Vassana, Rainy Retreat



Vassana Period photo courtesy healthgk.com

The monks of PBC will soon observe Vassana, from July's full moon through the full moon of October. We refer to this as "Rainy Retreat", traditionally observed by Buddhist monks during the monsoon occurring in Southeast Asia. During this time, monks commit to serve in one place, spending most of their time in extended study or meditation. Lay followers often dedicate themselves to meditate more diligently as well. For that reason we have planned additional meditations, opportunities for deeper study, and children's programs.

This year has presented many challenges though the progress the US has made concerning Covid is encouraging, though much must be done internationally. Here, we've suffered setbacks in the renovation of our new Center, but we see signs of improvement ahead. We are practicing patience as we excitedly wait to move into our new home and celebrate events with all of you.

EVENTS

July



7/18 - 2:00 - 3:30 pm
Monthly Gathering, PBC
and Zoom

August



8/15 - 11:00 am - 3:30 pm
Monthly Gathering, PBC &
Zoom

8/22 - 9:00 am - 4:30 pm
Children's Dhamma Camp

September



9/5 - 2:00 - 3:30 pm
Buddhism Class for Kids,
Zoom

9/24 - 26 - 9:00 am - 4:30 pm
Meditation Retreat with
Bhante Y. Rahula

Zoom Meeting IDs:

Buddhism Class for Kids, 998 5741 5573

Monthly Gathering, 962 4196 4545

WEEKLY SCHEDULE

YouTube Live Schedule:

Tuesday: 6:00 - 7:00 pm

Wednesday: 7:00 - 9:00 pm

Saturday: 7:00 - 8:00 pm

Streaming: <https://www.youtube.com/pbclive>

Recorded: <https://www.youtube.com/user/PittsburghBuddhist>

Zoom Schedule:

Sunday: Children's Meditation, 7:00 - 8:00 pm

Zoon Meeting ID: 926 6433 5273

Please sign-up in advance for events via our website, as we need to organize food and attendance.

For directions, event and participation detail, please visit: Pittsburghbuddhistcenter.org

Bhante's Corner – Lessons to Remember

Although the COVID 19 pandemic is raging still in many countries, we have been fortunate to start moving back toward normalcy. During dark moments of the pandemic, we learned very important lessons about our lives. Many unseen truths and blessings taken for granted were revealed to us during this difficult period. In the process of returning to normalcy, we should not forget those important lessons but use them to live our lives more meaningfully.

We learned how fragile and impermanent our lives are. An invisible virus can affect us so much. This fragility also reminds us of the preciousness of life. Every day is a precious gift. Keeping mindful of the fragile and precious nature of our lives, let us live intently and put it to the best use. During the practice of social distancing, we also learned the value of our relationships. It is healing to physically meet our loved ones and share each other's emotions. When we get busy with our work and travel again, let us not forget to spend our times with our family and friends. Let us also continue our self-care by washing our hands, not unnecessarily touching our face and eating healthily. Self-care is the basis for caring for others.



Vesak Ceremony in May



Monthly Gathering in June



Celebration of Sri Lankan New Year in April

PITTSBURGH BUDDHIST
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Progress on the new PBC building and grounds



Laying new shingles



Building with new colorful shingles



Removing the old kitchen floor



Building a new kitchen in the basement



Volunteers assisting to build the kitchen



Completed new kitchen



New ADA Restroom on the 1st floor



Breaking ground for the statue platform



Volunteers working hard



Filling and tamping limestone



Platform completed with Ven. Metta's direction



The new gazebo and re-shingled building!