

HERE AND NOW

Vesak Events organized by PBC



We commemorate the Birth, the Enlightenment and Parinirvana of the Gotama Buddha on Vesak Day, which is the full moon day of May (19th). It is undoubtedly the most sacred day of the Buddhist Calendar. In this Vesak season, we pay our gratitude to the Buddha and strengthen our commitment to practice the path towards enlightenment shown by the Buddha.

PBC has organized two major events to celebrate this blissful season, the "Amisa Pooja" (material offerings) and "Prathipaththi Pooja" (offering by practicing the Dhamma). The events are: 1) Joint-Vesak ceremony on April 28th from 3:00 - 5:00 pm at the Allegheny Unitarian Church, North Side, Pittsburgh, and 2) Half-day retreat (8 precept programs) including a session of devotional songs on 19th May from 9:00 am - 5:30 pm at PBC. Please join us to celebrate blissful Vesak.

EVENTS

April



4/6 - 4:00 - 5:30 pm
Sivananda Yoga Workshop

4/7 - 1:30 - 3:00 pm
Buddhism Class for Children

4/14 - 11:00 am - 5:30 pm
Sri Lankan New Year
Celebration

4/27 - 9:00 am - 3:00 pm
Spring Clean-up at PBC

4/28 - 11:00 am - 5:30 pm
Pan-Buddhist Vesak
Ceremony, Pittsburgh, N. Side

May



5/4 - 4:00 - 5:30 pm
Sivananda Yoga Workshop

5/5 - 1:30 - 3:00 pm
Buddhism Class for Children

5/19 - 9:00 am - 5:30 pm
Vesak Ceremony at PBC

June



6/2 - 1:30 - 3:00 pm
Buddhism Class for Children

6/16 - 11:00 am - 3:00 pm
Monthly Program

Meditation Schedule:

Mondays: East Liberty Library, 6:15 - 7:30 pm

Tuesdays: Oakmont Library, 6:00 - 7:00 pm

Wednesdays: PBC, 7:00 - 9:15 pm

Thursdays: Fox Chapel Library, 6:30 - 7:30 pm

Monthly Programs:

Buddhist Classes for Children, PBC, 1st Sunday of each month

Dhamma talk, pot luck lunch, and blessing service, PBC, 3rd Sunday of each month

Buddhism Classes for Children, Dhamma Discussions for Adults, Cleveland, 4th Sunday of each month

Please sign-up in advance for events via our website, as we need to organize food and attendance.

For directions, event and participation detail, please visit: Pittsburghbuddhistcenter.org

Bhante's Corner – Flourishing in Spring

Spring is a season of celebration. We invite you to celebrate with us the gifts of nature, the gifts of fellowship and most importantly the gifts of the Dhamma during this season. Spring reminds us of our inner capacity for goodness and insight. Just like sprouts and buds burgeon when the appropriate conditions are present, our good qualities can flourish within us when we are exposed to the Dhamma and spiritual friends (kalyāna mitta). The Buddha taught us that we have three wholesome roots that can be developed: generosity, loving-kindness and wisdom. Let us make efforts to cultivate them during this spring by taking part in the Sri Lankan New Year celebration, the Vesak ceremonies and other meditation programs.

The New Year

Sri Lankan New Year marks the beginning of a new cycle of the sun in April. As the earth orbits, the sun appears to move from the Zodiac sign of Pisces to the sign of Aries in its journey across the twelve segments of the sky. Join us in this traditional celebration to rejuvenate ourselves and strengthen our relationships with one another. The highlights of the event will be sharing traditional Sri Lankan food, asking forgiveness from each other through exchange of betel leaves, receiving blessing chants by monks, anointing with herbal oils, and games for children and adults.



Discussion session during the Mindfulness Fair held at the University of Pittsburgh on March 23, 2019



Anointing with oil during Sri Lankan New Year 2018 at PBC



Celebration of Sri Lankan New Year 2018 at PBC

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We are deeply saddened by the senseless acts of violence at two Mosques in Christchurch. In heartfelt solidarity, we wish healing for all those affected and growth in understanding and compassion for all human beings.